



EAST WEST NEURO-ACUPUNCTURE

New Patient Information Form

Please help us provide you with a complete evaluation by taking time to fill out this medical questionnaire carefully. All answers are strictly confidential. Please print clearly in ink. Thank you.

Name _____ Sex M ___ F ___ Date _____ Email _____

Address _____ City _____ State _____ Zip _____

Date of Birth _____ Place of birth _____ Age ___ Height ___ Weight ___

Telephone: Home () _____ Work () _____ Cell () _____

___ Single ___ Married ___ Divorced ___ Widowed ___ Living with

Education _____ Occupation _____

Referred by: _____

Reason for visit today _____

Other problems _____

How long have you had this condition? _____ Have you ever experienced this before? _____

What seemed to be the initial cause? _____

What seems to make it better? _____

What seems to make it worse? _____

Does it bother your Sleep ___ Work ___ other (what?) _____



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FAMILY HISTORY - Complete for each family member, indicating any illness they have had. Please place an 'X' in the appropriate box or boxes.

	self	mother	father	sibling	spouse	children
cancer or tumors						
diabetes						
blood or bleeding disorders/anemia						
seizures						
high blood pressure/heart disease						
allergies						
stroke						
drug abuse						
depression or mental illness						
age of death						
hepatitis						
kidney disorders						
thyroid disorders						
musculo-skeletal disorder						
blood transfusion (if before 1985)						

PERSONAL LIFESTYLE HABITS (How much, how many, or how often)

Cigarettes (packs) _____ Coffee/Tea (cups) _____ Alcohol (drinks per week) _____

Marijuana _____

Other recreational drugs _____

Vitamins & herbs _____

Dietary restrictions _____

Food cravings _____

Diet: What might you eat on a typical day?

Breakfast _____

Lunch _____

Dinner _____

Snacks _____

Exercise _____ How often? _____

What non-work activities do you enjoy doing? (reading, TV, meditation, music, etc.) _____

Please write a 'C' in the column if the medical condition is current. Write a 'P' if it is a past medical condition.

General

- Insomnia
- Dreams/nightmares
- Irritability
- Depression
- Mood swings
- Fatigue
- Poor memory
- Strongly like cold drinks
- Strongly like hot drinks
- Recent weight loss/gain
- Cold hands & feet
- Chills
- Fever

Head & Neck

- Headaches
- Migraines
- Stiff neck
- Dizziness/nausea
- Fainting
- Swollen glands

Ears

- Ear Ringing
- Hearing Loss
- Ear Infections
- Earache
- Use Hearing Aids
- Vertigo

Eyes

- Eyeglasses/contact lenses
- Blurred vision
- Poor night vision
- Spots or floaters
- Flashes of light
- Eye inflammation
- Double vision
- Glaucoma
- Cataracts

Nose, Throat & Mouth

- Sinus infection
- Hay fever/allergies
- Frequent sore throat
- Difficulty swallowing
- Mouth & tongue ulcers
- Frequent cold
- Nosebleed
- Dry nose/dry mouth
- Nasal congestion
- Loss of voice
- Thirst
- Excessive phlegm
- TMJ
- Facial pain
- Gum problems

Skin

- Hives
- Rashes
- Eczema/psoriasis
- Night sweats
- Excessive sweating
- Dry skin
- Easily bruise
- Changes in moles, lumps
- Itching

Respiratory

- Difficulty breathing
- Difficulty breathing when lying down
- Wheezing
- Asthma
- Chronic cough
- Wet cough
- Dry cough
- Coughing up phlegm
- Coughing up blood
- Shortness of breath
- Tightness in chest
- Pneumonia

Cardiovascular

- High blood pressure
- Low blood pressure
- Chest pain
- Palpitation
- Rapid heartbeat
- Irregular heartbeat
- Poor circulation
- Swollen ankles
- Phlebitis
- Anemia
- History of heart attack

Gastrointestinal

- Nausea
- Indigestion
- Stomach pain
- Diarrhea
- Constipation
- Poor appetite
- Excessive hunger
- Vomiting
- Gas
- Hiccups
- Acid regurgitation
- Bloating
- Bad breath
- Laxative use
- Bloody stool
- Mucus in stool
- Hemorrhoids
- Gall bladder disorder

Musculoskeletal

- Joint pain/disorder
- Sore muscles
- Weak muscles
- Difficulty walking
- Neck/shoulder pain
- Upper back pain
- Lower back pain
- Rib pain
- Limited range of motion
- Other (describe)

Neurological

- Seizures
- Tremors
- Numbness or tingling sensation
- Pain
- Paralysis
- Poor coordination
- Other (describe)

Genito-Urinary

- Pain during urination
- Frequent/urgent urination
- Blood in urine
- Unable to hold urine
- Incomplete urination
- Bedwetting
- Increased/decreased libido
- Kidney stones
- Impotence
- Premature ejaculation
- Nocturnal emission
- Pain/itching in genitalia
- Lumps in testicles

Infection Screening

- HIV risks (self or partner)
- TB (self or household)
- Hepatitis risk (self or partner)
- History of STD (self or partner)
- Gonorrhea
- Chlamydia
- Syphilis
- Genital warts
- Herpes (oral/genital)

Gynecological

- Irregular periods
- Vaginal infections
- PMS
- Menopause
- Uterine Fibroids
- Menstrual pain
- Hormone Replacement Therapy
- Number of miscarriages
- Number of pregnancies



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MEDICINES:

Prescription drugs you are currently taking:

For what condition?

Over-the-counter medication you are currently taking:

For what condition?

MAJOR HOSPITALIZATIONS If you have ever been hospitalized for any serious medical illness or operation, write the most recent one below: (do not include normal pregnancies).

YEAR	OPERATION/ ILLNESS

Date of last physical examination: _____

Name & address of physician _____

Phone number of physician _____

Have you ever been treated with acupuncture &/ or Chinese herbal medicine before? Yes No



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CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION FOR TREATMENT, PAYMENT, AND HEALTHCARE OPERATIONS

In the course of providing service to you, we create, receive, and store health information that identifies you. It is sometimes necessary to use and disclose this health information in order to treat you, obtain payment, and conduct healthcare operations involving our office.

We have a comprehensive Notice of Privacy Practices that describes these uses and disclosures in detail. Please feel free to refer to this Notice or to request a copy of this Notice prior to signing this consent.

The use and disclosure of your health information for **treatment purposes** not only includes care and services provided here, but also disclosures as may be necessary or appropriate for you to receive follow-up or emergency care from another health professional.

The use and disclosure of your health information for **payment purposes** includes our submission of your health information to a billing agent or vendor for processing claims or obtaining payment; our submission of claims to third-party payers or insurers for claims review, determination for benefits, and payment; and our submission of your health information to auditors hired by third-party payers and insurers.

The use and disclosure of your health information for **healthcare operations** includes quality assessment and improvement activities as well as evaluating practitioners and conducting training programs. A complete list is provided in our Notice of Privacy Practices.

Our Notice of Privacy Practices will be updated if our policies change. You may get an updated copy here at our office.

You can revoke this consent in writing at any time unless we have already treated you, sought payment for services, or performed healthcare operations in reliance upon our ability to use or disclose your health information in accordance with this consent.

We can decline to serve you if you elect not to sign this consent form. Signing this consent signifies that you have been given the opportunity to read our Notice of Privacy Practices and/or given a copy of it if you desire one.

I HAVE READ THIS CONSENT AND UNDERSTAND IT. I CONSENT TO THE USE AND DISCLOSURE OF MY HEALTH INFORMATION FOR PURPOSES OF TREATMENT, PAYMENT, AND HEALTHCARE OPERATIONS.

Name (printed) _____

Signature _____ Date _____

(If applicable) Personal Representative's Name _____

Relationship to Patient _____



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DISCLAIMER

Traditional Chinese Medicine and Homeopathy is an ancient method of health care that seeks to identify and resolve patterns of disharmony in the body. It views each patient as unique.

Because each patient is unique, a few individuals may experience adverse reactions during or after their acupuncture treatment. These symptoms may include nausea, discomfort, fainting, redness and bruising. There may also occur interaction from herbs and homeopathic remedies. This occurrence is rare, but there is no guarantee.

East West Neuro-Acupuncture will work with you to resolve the problem as feasibly possible, but cannot be held accountable for any of the aforementioned conditions resulting from treatment. Your acknowledgement and understanding concerning this matter is greatly appreciated.

APPOINTMENT COMMITMENT

Here at East West Neuro-Acupuncture, we take particular pride in our commitment and consistent attention to each individual patient. Part of that includes reserving the utmost respect for our patients' time by refraining from overbooking our clinic. While this practice helps to ensure satisfying treatments, this policy is also difficult to maintain when last minute cancellations are made. When a patient cancels their appointment with less than 24 hours advance notice, it is almost impossible to fill that appointment void last minute. As a result, certain related business costs will never be recovered. We employ a cancellation policy so that the frequency of these cancellations is minimized.

NOTE: The following applies to any and all appointments made at East West Neuro-Acupuncture.

If for any reason you are unable to keep your appointment, please call the clinic 48 hours in advance to cancel. If you notify the clinic the day of your appointment to cancel, you will be charged 50% of the standard treatment fees. If you do not call or there is a no-show, you may be charged 75% of the standard treatment fees. If you are late for your appointment, your treatment time may be shortened so as not to interfere with another patient's scheduled treatment.

Thank you very much for your cooperation and understanding.

Signature: _____ **Date:** _____



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This disclosure is in compliance with the State of Colorado, Department of Regulatory Agencies, Senate Bill 9. All rules and regulations set forth by the Department of Health are strictly adhered to by this clinic, including proper cleaning and sterilization of equipment and office. The practice of Acupuncture is regulated by the Department of Regulatory Agencies. Any complaints should be directed to the Investigation section of the Division of Registrations within the Department of Regulatory Agencies located at:

1525 Sherman Street Rm 132
Denver, CO 80203
(303) 866-5696

Patients are entitled to receive information about the methods of therapy, techniques used and the duration of therapy if known. Patients may seek a second opinion and may terminate therapy at any time. In a professional setting, sexual intimacy is never appropriate and should be reported to the Director of the Division of Registration within the Department of Regulatory Agencies.

EAST WEST NEURO-ACUPUNCTURE Tamara L. Pollack, Dipl. Ac. (NCCA)

Education

Colorado School of Traditional Chinese Medicine
3-year Program - Certified Acupuncturist 1996

Professional Organizations

Acupuncturist Association of Colorado 1996

Professional Licenses and Certifications

National Committee for the Certification of Acupuncturists and Herbalists
Certified Acupuncturist - Dipl. Ac. (NCCA) Active status since 1996
Certified Herbalist - Dipl. H. (NCCA)
Colorado State Registered License

I have read and understand the above.

Signed _____ Date _____